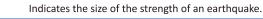


### How to read seismic intensity levels

Seismic intensity level Indicates the strength of a quake at a certain point at the time of occurrence of an earthquake.

Magnitude





- Unable to keep standing, and unable to move unless you crawl. Tossed about by the quaking, you cannot move. Some people are thrown.
- Almost all pieces of unfixed furniture are moved, and many fall down.
- Almost all wall tiles, window glass, and unreinforced brick walls collapse.

## 6 lower

- Most pieces of unfixed furniture are moved, and some fall down
- Some wall tiles and window glass break and fall down.



- You cannot walk unless you hold onto something, and feel your action
- Many plates and utensils on shelves and many books in a bookshelf drop down.
- TV set falls off the table
- Some unfixed furniture falls down
- Some window glass, unreinforced brick walls, and unstable vending machines drop or fall down

#### In a supermarket, department store

the places below:

instruction of the teaching staff.

Immediately get away from brick

Watch out for falling objects, such

as broken glass pieces and sign

boards. Protect your head with

walls, stone walls, vending

machines, and power poles

Move to a safe place far from

Firmly grasp the steering wheel.

gradually reduce speed, park the

car on the left side, and turn off

Do not go out until the shaking

stops, Check the earthquake

Do not park the car at a place that

information on the radio.

the door unlocked

**Outside a building** 

your belongings

buildings

While driving

the engine

- Protect your head with a shopping basket, bag, etc.
- Do not panic. Follow the instructions of the staff.
- Use the stairs to evacuate.

#### In an office

- Be careful of OA appliances on the desk because they may fall from the desk. Quickly get under a desk.
- Watch out for falling objects when you evacuate outside.

#### At home

- Secure your safety.
- Put out any fires quickly.
- Open the windows and entrance door in order to secure an escape
- Do not walk barefoot.
- When evacuating to the outside, do not fail to put on shoes

## Points to note during evacuation

#### Points to keep in mind in evacuation activities

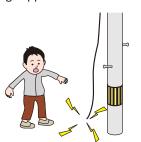
#### **Attire for evacuation**

- Put on a helmet, hat, etc.
- Put emergency items into a backpack, and carry it on your back (so you can use both hands)
- Put on a long sleeved top and long pants.
- Put on cotton work gloves or gloves.
- Put on shoes with a thick sole which you are accustomed to wearing.
- During the night, use a flashlight



#### **Points when evacuating**

- Be sure to turn off heaters, kitchen stoves, etc. before evacuation
- Turn off the gas main and power circuit breaker.
- Minimize the number of items to take with you.
- When you evacuate, keep away from narrow roads, brick walls, vending machines, riverside areas, places with many glass windows or sign boards.
- Walk to the nearest designated evacuation site.
- Evacuate while taking care not to get separated from children, persons with disabilities, elderly persons, and other persons requiring support in evacuation.





#### Points to note in an evacuation center

#### **Living together**

- Always keep in mind the spirit of mutual help.
- Follow the prescribed rules for living together.
- Evacuees independently operate their evacuation center. Actively cooperate in efforts for the center operation.
- Put your name on your belongings, and keep them in one place so they won't be mistaken for others' items.





#### **Keep a sanitary living environment**

- Sort out waste, and put it in the designated place.
- When you use the washroom, help keep it clean.
- Regularly clean the place in cooperation with others to maintain a clean living environment.
- You are responsible for taking care of your pet. Follow the evacuation center's rules.





**Consideration for safety** 

- There is a risk that hazards such as afterquakes will continue. Be very careful, and keep away from dangerous places. Report anything abnormal to the administrative body of the evacuation center.
- An unspecified number of people come to an evacuation center. If you find anything wrong, report it to the administrative body of
- Fire is strictly prohibited in shared spaces. Smoke only in designated





#### **Consideration for persons requiring support in evacuation**

- Keep the floor flat so that persons in wheelchairs can go through and endeavor to create a barrier-free environment.
- Keep the floor flat so that persons in wheelchairs can go through, and endeavor to create a barrier-free environment.
- Involve women in the operation of the evacuation center to share





could obstruct the traffic of evacuees and emergency disaster control measures. When you get out of the car, leave the key in the ignition and leave

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# st of evacuation centers/ vacuation sites

#### **Designated evacuation center**

No	Name	Location	Area (m²)	Capacity	Coordinates on the Map
1	Toyohama Elementary School	65 Shinkan	2,934	510	9Map D-2
2	Former Katsuura Wakashio Campus of Ohara High School (Note 1)	1380 Shinkan	1,702	415	9Map C-1
3	Katsuura Junior High School	1120-1 Idemizu	6,277	1,100	9Map B-2
4	Katsuura Elementary School	733-1 Tona	4,607	800	9Map B-2
5	Küste (Art and Cultural Exchange Center) (Note 2)	523-1 Sawakura	4,956	790	9Map C-2
6	Nippon Budokan Katsuura Training Center (Note 3)	582 Sawakura	2,027	500	9Map C-2
7	Former Ikubun Elementary School	1000-1 Matsube	3,129	550	8Map E-2
8	Former Seikai Elementary School	142-2 Ubara	2,959	500	8Map C-4
9	Okitsu Community Center (Note 4)	1222-1 Okitsu	2,585	300	7Map F-5
10	Former Okitsu Junior High School (Note 5)	1222-1 Okitsu	3,992	700	7Map F-5
11	Okitsu Elementary School	1700 Okitsu	2,952	500	7Map F-5
12	Former Namegawa Elementary School	808 Hamanamegawa	1,347	200	10Map D-2
13	Ueno Community Center	34 Uenomotomiyata	167	40	8Map A-1
14	Ueno Elementary School	72 Uenomotomiyata	2,637	450	8Map A-1
15	Former Kita Junior High School (Note 6)	58-2 Kobado	5,225	900	5Map B-2
16	Fusano Community Center	159 Kanita	123	30	2Map F-3
17	Fusano Elementary School	222-1 Kanita	3,217	550	2Map F-3
18	International Budo University (Note 7)	841 Shinkan	5,751	1,200	6Map B-5
19	Blueberry Hill (Note 8)	1514-10 Okitsu	700	175	7Map E-4

(Note 1) Gymnasium (Note 2) When 1F hall is used as a flat earthen floor (Note 3) Large martial arts hall, Training room 1, and Training room 2 (Note 4) School building of former Okitsu Junior High School (Note 5) Gymnasium, Marshal arts gym (Note 6) Gymnasium (Note 7) Build. 2 (Martial arts gym), Build. 3 (First Gymnasium), Build. 5 (2nd Gymnasium), and Build. 7 (2nd Gymnasium) (Note 8) Gymnasium

#### **Designated welfare evacuation center**

No	Name	Location	Area (m²)	Presumed number of evacuees	Coordinates on the Map
1	Katsuura City Welfare Evacuation Center	272-1 Shindo	127	10	5Map F-2
2	Katsuura Yuwaen (Note 9)	230-1 Ichinogo	100	25	1Map D-3
3	Hebaraso (Note 10)	1930-3 Hebara	120	30	6Map D-4
4	Nagi Ryokufuen (Note 11)	89-13 Nagi	103	25	7Map D-2
5	Fusanoen (Note 12)	88 Kanita	120	30	2Map F-3
(Note	9) Community exchange space (Note 10) Meeting room and c	onversation room (Note 11) Com	nmunity exchange space (Note 12) Dining ro	oom	

#### Designated emergency evacuation site/appropriateness by disaster type

No	Name	Location	Area (m²)	Capacity	Earthquake 1	Tsunami S	Sediment Floo	od/Inundation	Storm surge	Large fire	Coordinates on the Map
1	Toyohama Elementary School (Note 17)	65 Shinkan	6,012	3,000	0	0	0	0	0	0	9Map D-2
2	Former Katsuura Wakashio Campus of Ohara High School	1380 Shinkan	14,100	7,050	0	0	0	0	0	0	9Map C-1
3	Katsuura Junior High School (Note 17)	1120-1 Idemizu	18,385	9,150	0	0	0	0	0	0	9Map B-2
4	Katsuura Elementary School (Note 17)	733-1 Tona	6,292	3,100	0	0	△ (Note 1	4) 🔾	0	0	9Map B-2
5	Nippon Budokan Katsuura Kenshu Center	582 Sawakura	3,500	1,750	0	0	0	0	0	0	9Map C-2
6	Küste (Art and Cultural Exchange Center)	523-1 Sawakura	3,705	1,850	0	0	0	0	0	0	9Map C-2
7	Former Ikubun Elementary School	1000-1 Matsube	3,947	1,900	0	0	X	0	0	0	8Map E-2
8	Former Seikai Elementary School	142-2 Ubara	2,310	1,150	0	△ (Note 1	3) ×	0	0	0	8Map C-4
9	Former Okitsu Junior High School	1222-1 Okitsu	5,764	2,850	0	$\triangle$ (Note 1)	3) 🛆 (Note 1	4) 🔾	0	0	7Map F-5
10	Okitsu Elementary School (Note 17)	1700 Okitsu	3,454	1,700	0	△ (Note 1	3) 🛆 (Note 1	4) 🔾	0	0	7Map F-5
11	Former Namegawa Elementary School	808 Hamanameg	awa 1,725	850	0	0	$\triangle$ (Note 1:	5) 🔾	0	0	10Map D-2
12	Ueno Elementary School (Note 17)	72 Ueno	7,729	3,850	0	0	0	$\triangle$ (Note	16) 🔘	0	8Map A-1
13	Municipal Arakawa Tennis Court	189-1 Arakawa	2,436	1,200	0	0	0	0	0	0	5Map B-4
14	Former Kita Junior High School	58-2 Kobado	23,057	11,500	0	0	0	0	0	0	5Map B-2
15	Fusano Elementary School (Note 17)	222-1 Kanita	11,427	5,700	0	0	△ (Note 1	4) △ (Note	16) 🔘	0	2Map F-3
16	International Budo University	841 Shinkan	29,021	14,500	0	0	0	0	0	0	6Map B-5
17	Blueberry Hill	1514-10 Okitsu	12,278	3,300	0	0	0	0	0	0	7Map E-4
18	Hebaraso	1930-3 Hebara	1,800	900	0	0	0	0	0	0	6Map D-4

Legend  $\bigcirc$ : Appropriate as evacuation site.  $\triangle$ : Use while considering the characteristics of the evacuation site.  $\times$ : Do not use as an evacuation site.

(Note 13) Since there is a risk of flood, the 3rd floor of the school building will be used as a tsunami evacuation building. (Note 14) Part of the site is designated as a sediment disaster alert area; careful consideration is required (Note 15) Part of the site is designated as a point of debris flow risk; careful consideration is required. (Note 16) Part of the surrounding area is designated as an area expected to be inundated by flood of the Isumi River; careful consideration is required. (Note 17) School yards of all elementary and junior high schools

#### **Tsunami evacuation building**

No	Name	Area for use	Location	Sea level	Coordinates on the Map
1	Royal Vent-Vert Katsuura Beach	Shared part on 3F and upper	1928-58 Hebara	8m (3F: 14 m)	6Map D-4
2	Century Katsuura Seaside	Shared part on 3F and upper	411-1 Sawakura	11m (3F: 17 m)	9Map D-2
3	Sea Flare Katsuura	Entrance and lounge part on 1F	280-4 Katsuura	20m	9Map B-4
4	Katsuura Hotel Mikazuki	Masagotei part on 3F-5F	820-1 Tona	3m (3F: 9 m)	9Map A-2
5	Parking structure of Aqua Palace	Parking area on 3F or upper	816-8 Tona	4m (3F: 10 m)	9Map A-3
6	Mikazuki Inn	Shared part and vacant rooms on 3F and upper	258-1 Tona	9m (3F: 15 m)	9Map B-2
7	Parking Structure of the Coastal Branch of Natural History Museum and Institute	Rooftop area	123 Yoshio	9m (rooftop: 15	m) 8Map D-4
8	Former Seikai Elementary School	3F of the school building	142-2 Ubara	9m (3F: 15 m)	8Map C-4
9	Okitsu Community Center (Former Okitsu Junior High School)	3F of the school building	1222-1 Okitsu	6m (3F: 12 m)	7Map F-5
10	Okitsu Elementary School	3F of the school building	1700 Okitsu	7m (3F: 13 m)	7Map F-5

Stockpiles and emergency kit

Line gency kit (i de the iten	is in a backpack so that you	can take them with you in an em	acigency.)
Cash	Candy/chocolate	Dry cell batteries,	/mobile batteries
Health insurance card	☐ Dietary suppleme	ents 🔲 Lighter/matches	
Bank passbook	Drinking water	Underwear/sock	ks/towel
Seal stamp	Can opener	Cold-proof jacke	t/rain gear
Driver's license card	Picnic sheet	Long sleeved top	os/long pants 🔲 Thermometer
First aid kit, antiseptic wipes,	Katsuura City Dis		Box cutter
disinfectant	Preparedness Inf Book	Pocket warmers	Sanitary goods
Medicine for stomach or constipation, prescribed medicing		Helmet/disaster	hood Toothbrush
Food	Flashlight		
Stockpiles (Prepare at least the	ree days' supply.)		
Food (retort food, alpha rice, o	canned food, etc.)	Portable gas stove	Families with babies/
Drinking water (3 L per day pe	er person)	Wrapping film	infants or elderly persons  Powder baby
Plastic tank/bag for water sup	pply	Toiletries	Diapers formula Household
Tissue paper, wet tissue pape	r	Tool kit	Liquid baby formula
Disposable plates, cups, chop	osticks	GAS GAS GAS	
			Woman Canitary goods
☐ Plastic bag			Women Sanitary goods

#### **Rolling stock method**

Buy a few more food ingredients and processed food on a routine basis. Next time, buy the same amount of food as you have consumed. In this way, you can always stock the same amount of provisions at home. This is called the "Rolling Stock Method." The key point of the rolling stock method is you can stock foods while you consume them in your daily life. In addition, you can use this rolling stock method not only for foods, but also for daily supplies you use in daily life (wet towels, butane gas cartridges, dry cell **stockpiling** batteries, pocket warmers, etc.).

You are recommended to prepare a portable gas stove and butane gas cartridges along with foods to be stored by the rolling stockpile method. Always stock a certain amount of cartridges while using them in daily life.

#### Use of food ingredients in refrigerator/freezer

Buy and stock foods in the fridge. Keep rice, bread, vegetables, frozen food, etc. also in

When there is a power outage, use cold boxes, refrigerant, etc. to store food ingredients.

### **Prepare kitchen appliances**

cartridge lasts for around 60 minutes



ortable gas stove/

When there is a power outage, they are necessary for cooking food ingredients kept in a fridge and emergency food.

#### Using emergency foods stored by Rolling Stock Method

#### **Rolling Stock Method**

Regularly eat (once a twice a month) the food, and buy and stock the same amount of food as you have eaten. As you can store food while eating it, you can also stock retort foods. which have a shorter consumption

emergency

Other items to be stored



Have a balanced diet with

# Freeze-dried foods (Soup, etc.)

even when you do not

For minerals and

Traditional ways of storing



have an appetite. canned vegetables or fruits. \* Keep one week's drinking water as well as water for daily life. Prepare 3 liters of drinking water per person per day

Source: Japan Weather Association website "Tokusuru-bosai (Useful disaster management tips)," Cabinet Office website "Disaster management information page."

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## Make your own evacuation action plan to prepare for sediment disaster, flood, and storm surge.

From STEP	1, check the following	ng items and put a check	k m	ark (🗸) in the box.						
	Check the location	of STEP 2: Eva	cuation destination and evacuation route							
inundati	se is located in an expo	ected whether there a * Evacuation from However, if you	are and the live	vacuate, such as a house of you any dangerous locations along t dangerous areas is a principle. on the upper floor of a sturdy buildin vacuate in place at home.	he route.					
· ·	alert area/special alert				Fyacua	tion destination 2				
	se is not located in eith	ner of	ues		Place:	tion destination 2				
	reas, but it may be dam slide disaster or inunda	lageu <u></u>			Dangerous	s place:				
	been damaged in the p			waquation:		ired for evacuation:				
		Time required i	101 6	evacuation.		ired for evacuation.				
STEP 3: I	Method to get nec	essary information								
☐ Adminis ☐ Japan M ☐ Other ( Even who immedian	trative radio system leteorology Agency web ) nen warnings or evo tely!	Katsuura administrative emands esite (no evacuation informat eacuation information a	ail o tion)	n disaster prevention	ura mate 🔲 Yal prevention porta	noo! Disaster Prever I site 🔲 TV (includi	tion Bulletin ng d button) 🗌 Radio			
Talk with yo	our family about evacua	tion preparation, timing to st	tart (	evacuation, how to communica	te, what to check	k, etc.				
	Alert level 1	Alert level 2		Alert level 3	Aleri	t level 4	Level 5			
Evacuation information				Evacuation of senior persons, etc.	Evacuatio	n instruction	Emergency safety measures			
	Early advisory information	Heavy rain/flood advisor	у	Heavy rain/flood warning	Land slide a	alert information				
Weather information		Flood advisory informatio (Isumi River)			Flood risk infor	mation (Isumi River)	Disaster has			
Disaster information						Storm surge emergency warning	occurred or is impending.			
Guide for action	Prepare yourself for disaster.	Prepare for evacuation. Check the action.		Start evacuation of senior persons, pregnant women, and others who require time to evacuate.	1	must evacuate gerous places.				
		Evacuation of senior persons, etc.  Heavy rain/flood advisory Flood advisory information (Isumi River)  Storm surge advisory (Level 3 when a high probability of a subsequent warning is mentioned)  Prepare yourself for disaster.  Prepare for evacuation. Check the action.  Preparing for evacuation Alert level 3  Start evacuation of senior persons, pregnant women, and others who require time to evacuate.  Timing to evacuation Alert level 3  Start evacuation.  Check the action.  List actions to be taken when preparing for	o evacua	ate						
			□ Ale	ert level 4						
Check actions to be taken	List actions to be evacuation.  Check dangerou preparedness in Check evacuation routes. Check the move family. Lock the window Tidy up the outsi Check the stock Charge your mole Check your attire Check the emergeness.	taken when preparing for is locations in the disaster of in the disaster of in the same and evacuation in the same and evacuation in the same and schedule of your in the same around the house. In the same around the house in the same around the house in the same around the house. In the same around the house is for evacuation.		List actions to be taken at  Check the availability or  Make sure that fires are are locked.  Turn off the breaker to when a power failure is appliances.  Contact your family to led destination.  If you cannot reach you home.  Take the emergency kit  Evacuate before it gets  Evacuate before rain or	the time of evace of the evacuation e out and all document fire by received, or unget them know of r family, leave a with you when edark.	center.  ors and windows  e-energization  olug electrical  your evacuation  message at  evacuating.	Make best efforts to protect your life.  When it is more dangerous to get out of the building, evacuate vertically to a safe place (2nd floor, etc.) of the building.			

## Disaster prevention memo in your house

This is a page for listing contact information, etc. needed in an emergency.

Address									
Name			Pho	ne N	umber				
Evacuation center	Evacuation center  Evacuation center when the family members become separated								
	Name	Phone (Wo	ork/School)		Address			Memo: Relationship with the famil	
Contact details of family members									
	Name	Phone (Work/School)			Address			Memo: Relationship with the family	
Contact details of relatives									
	Name	Date of birth	Blood type		Allergies	Medicin	ies	Clinical history	
First aid data of									
family members									
	Contact	Phone Number			Contact			Phone Number	
Emergency contact									

#### **How to use Disaster Emergency Message Dial (171)** Recording messages 171-1-0000-00-0000 (Phone number to call) Effective period Until the end of the service period Recordable number 171-2-0000-00-0000 (Home phone number) 1-20 messages per number Replaying messages Recordable Phone that Fixed-line phone, IP phone (including 050), 30 seconds or less per message message length can be used and mobile phone